

SCSO offers free adult driver “car fitting” checks - 04/24/2013

Seminole Co., Fla. (4/23/2013) - The Seminole County Sheriff's Office will provide free “car fitting” appointments at a CarFit event on Sat. April 27th from 9 a.m. to 1 p.m. at 100 Bush Blvd. in Sanford. Appointments are required.

CarFit, which is a national program designed to improve driver safety, gives adult drivers a comprehensive review of how well they “fit” their vehicle. At the event, a trained CarFit representative will ask simple questions and complete a 12-point checklist that includes a personalized check of seat positioning, mirrors, steering wheel and head restraints. The event is not a driving evaluation.

Saturday will be the first time the program has been offered in Seminole County. The event is being offered in conjunction with Seminole County TRIAD, a non-profit partnership between public safety organizations and senior providers that works to enhance the quality of life for older adults.

To schedule an appointment, please contact Barbara Fore at 407-665-6976.

CarFit is an educational program created by the American Society on Aging and developed in collaboration with the American Automobile Association (AAA), AARP and the American Occupational Therapy Association. Additional information about the program can be found at www.car-fit.org